

Broadway Place East | Suite 455 | 3433 Broadway Street NE | Minneapolis, MN 55413

**Name:** Optimal Diabetes Care

**NQF#:** 0729

**CMS QCDR Measure ID:** MNMCM1

**Description:**

The percentage of patients 18-75 years of age who had a diagnosis of type 1 or type 2 diabetes and whose diabetes was optimally managed during the measurement period as defined by achieving ALL of the following:

- HbA1c less than 8.0 mg/dL
- Blood Pressure less than 140/90 mmHg
- On a statin medication, unless allowed contraindications or exceptions are present
- Non-tobacco user
- Patient with ischemic vascular disease is on daily aspirin or anti-platelets, unless allowed contraindications or exceptions are present

**Denominator:**

Eligible Population:

- **Eligible Specialties:** Family Medicine, Internal Medicine, Geriatric Medicine, Endocrinology
- **Eligible Providers:** Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
- **Ages:** 18 years or older at the start of the measurement period AND less than 76 years at the end of the measurement period
- **Diagnosis:** Patient had a diagnosis of diabetes (Diabetes Value Set) with any contact during the current or prior measurement period OR had diabetes (Diabetes Value Set) present on an active problem list at any time during the measurement period.
- **Event:** At least one established patient office visit (Established Pt Diabetes & Vasc Value Set) performed or supervised by an eligible provider in an eligible specialty for any reason during the measurement period

**Numerator:**

The number of patients in the denominator whose diabetes was optimally managed during the measurement period as defined by achieving ALL of the following:

- The most recent HbA1c in the measurement period has a value less than 8.0 mg/dL
- The most recent Blood Pressure in the measurement period has a systolic value of less than 140 mmHg AND a diastolic value of less than 90 mmHg
- On a statin medication, unless allowed contraindications or exceptions are present
- Patient is not a tobacco user
- Patient with ischemic vascular disease (Ischemic Vascular Disease Value Set) is on daily aspirin or anti-platelets, unless allowed contraindications or exceptions are present

**Denominator Exclusions:**

The following exclusions are allowed to be applied to the eligible population:

- Patient was a permanent nursing home resident at any time during the measurement period
- Patient was in hospice or receiving palliative care at any time during the measurement period
- Patient died prior to the end of the measurement period

- Patient was pregnant (Diabetes with Pregnancy Value Set) at any time during measurement period
- Documentation that diagnosis was coded in error
- Patient had only urgent care visits during the measurement period

**Risk Adjustment Variables:** NA

Contact [support@mncm.org](mailto:support@mncm.org) to request applicable Value Sets