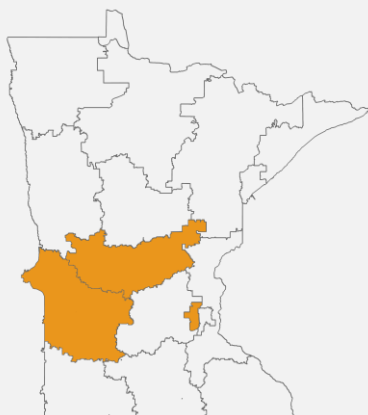


# Adult Depression Outcomes IN MINNESOTA

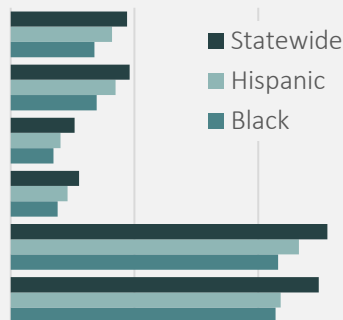
For care delivered in 2023

The depression suite is a set of six measures that track patient outcomes over six months and 12 months of an index event. An index event is the date in which the patient is eligible for the measure based on PHQ-9 score and depression diagnosis. The measures assess follow-up PHQ-9 assessment, response to depression treatment, and remission from depression. For more information on the depression measure, visit MNMCM's website for [measure definitions](#).

## DEPRESSION OUTCOMES VARIED BASED ON WHERE PATIENTS LIVED



Adults residing in the **Minneapolis, St. Cloud, and Willmar regions** had lower rates for all six depression outcome measures compared to Minnesota Resident Average\*.



**Black and Hispanic/Latinx adults** had lower rates for all six depression outcome measures compared to the statewide average.

## DEPRESSION OUTCOMES VARIED BASED ON RACE AND ETHNICITY

## DEPRESSION OUTCOMES VARIED BASED ON INSURANCE COVERAGE



Adults who are **uninsured** had lower rates than the statewide average on all six depression outcome measures.

Adults who are on **Medicaid** had lower rates on five of the six depression outcome measures.

\*Minnesota Resident Average is a recalculated statewide average that includes only patients with a Minnesota ZIP code as their residence